Amendments to the Claims

This listing of claims will replace all prior listings of claims in the application.

Listing of Claims

- 1. Cancelled.
- 2. (Currently Amended) The sliding board according to Claim 91, whereincharacterized in that the cradle or cassette (7)—consists of intersecting bars and/or supports (10, -11, -12), which have openings or holes—(13).
- 3. (Currently Amended) The sliding board according to Claim 91, whereincharacterized in that the cradle or cassette (7)—has a number of locking openings—(13)—in which connecting elements (9)—of the at least one interface elements (5, 5') are anchored.
- 4. (Currently Amended) The sliding board according to Claim 3, whereincharacterized in that the connecting elements (9)—are connected to the cradle or cassette (7)—via a clasp connection.
- 5. (Currently Amended) The sliding board according to Claim 31, whereincharacterized in that the connecting elements (9)—of the at least one interface elements, in particular of the rail or guide elements (5, 5'), penetrate through holes, slotted holes, slots or the like—constructed in the layer—or the layers (4) of the sliding—board upper parts.
- 6. (Currently Amended) A method for the manufacture of a sliding board, in particular a ski or a snowboard, where a preformed sliding-board upper part having an upper cup is connected to a sliding-board lower part having an outsole, if

necessary, a lower belt and steel edges, and foam is introduced, whereineharacterized in that during the assembly of the sliding-board upper and lower parts or layers at least one interface element, in particular a rail or guide element (5, 5') for arranging and guiding of a binding part is anchored on a cradle or cassette fully encased within a cavity formed by said positioned between sliding-board upper and lower parts, foam is subsequently introduced so that the interface element(s) (5, 5') and or the cradle or cassette (7) is or are connected with one another, and the cradle or cassette is completely embedded in said foam within said cavityto the foam and the further sliding-board parts.

- 7. (Currently Amended) The method according to Claim 6, wherein characterized in that the introduced foam forms at least in certain areas the core (6) of the sliding board.
- 8. (Currently Amended) The method according to Claim 6, whereincharacterized in that the foam is distributed through openings, holes or the like provided in the cradle or cassette (7)—within the sliding—board body.
- 9. (New) A sliding board comprising at least one interface element connected to the sliding—board body for arranging of binding elements on the upper side of the sliding board, wherein a cradle or cassette is integrated into the sliding—board body, on which cradle or cassette the interface element is anchored, and wherein the cradle or cassette and the interface element are embedded within a foamed core of the sliding board.
- 10. (New) The sliding board according to Claim 9, wherein the cradle or cassette is completely embedded in an interior of the sliding board formed by a sliding board upper part having an upper cup and a sliding board lower part having an outsole.

11. (New) The sliding board according to Claim 2, wherein said supports bear on inner surfaces of a sliding board upper part and a sliding board lower part.